LGBTQ Inclusion

Co-Investigator and Hearing/Appeal Panel Training January 14, 2020

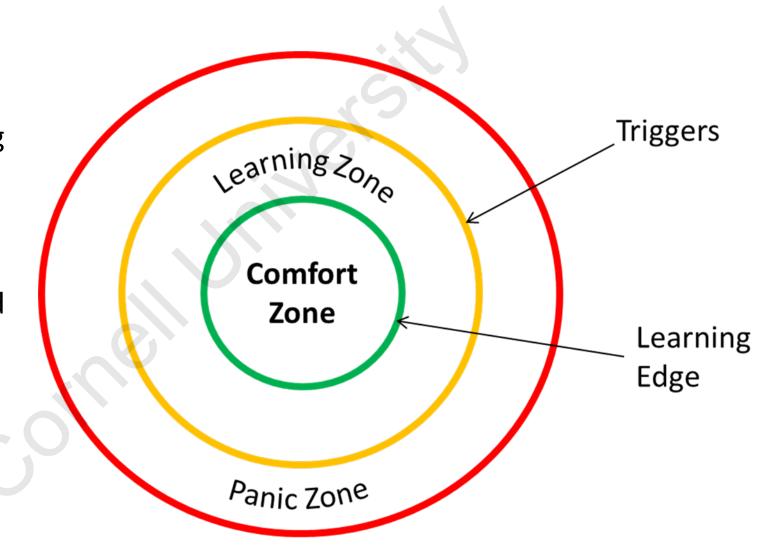


Agenda

- Ground Rules/Expectations
- Safe Space vs. Brave Space
- First Impressions Activity
- Terminology Overview
- Gender Unicorn
- Allyship
- Assessing Your Starting Point
- Resources and Q&A

Safe Space vs. Brave Space

- Not all spaces are safe for every individual
- "Safe" suggests not taking risk; contrary to purpose of this seminar
- You should feel brave to ask difficult questions and be vulnerable



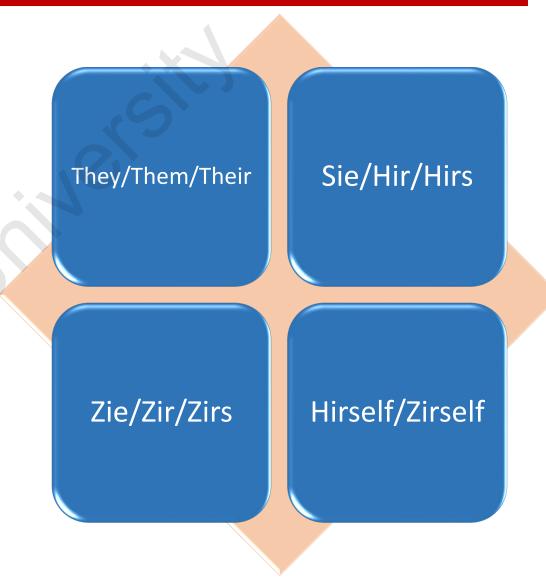
Expectations

- Non-judgmental learning environment
- Use first-person experience (i.e. "I feel...", etc.)
- There's not a "one size fits all" solution
- Vegas Rule: What's said here, stays here. What's learned here, leaves here.
- Honor everyone's pronouns, names, and lived experiences
- Respect the learning process

Pronouns- What are they?

Some people don't feel like traditional gender pronouns (she/her, he/him) fit their gender identities. Transgender, genderqueer, and other gendernonconforming people may choose different pronouns for themselves. Asking and correctly using someone's pronouns is one of the most basic ways to show your respect for their gender identity.

For more information, visit diversity.cornell.edu.



LGBTQ

Lesbian: a woman who is attracted to other women

G ay: a man who is attracted to other men

B isexual: a person sexually attracted to men and women

Transgender: a person whose biological sex does not match the person's

gender identity

Q ueer/Questioning: umbrella term for members of the LGBTQ+ community

LGBTQIA and LGBTQ+

Intersex: a person whose biology differs from one of the two expected patterns

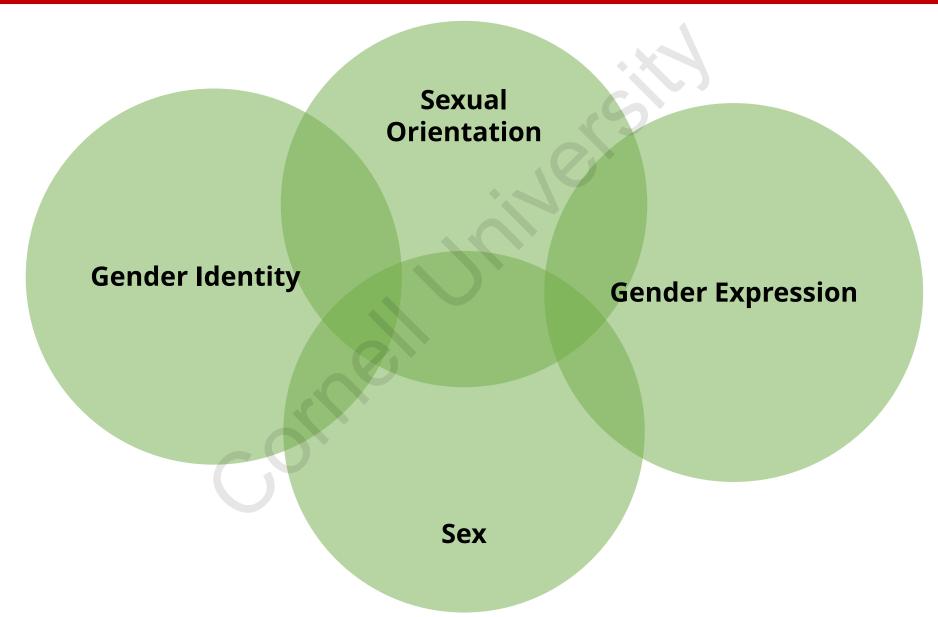
A sexual: a person who is not sexually attracted to any one particular gender

+ : All encompassing of the many other identities that exists within the community

First Impressions Activity

Take about 2-4 minutes to complete the form

Spheres of Identity



Terminology

Sex

Refers to anatomy and biology (male/female/intersex)

Gender Identity

The gender role that a person claims for themself- which may or may not align with their sex assigned at birth (cisgender/trans)

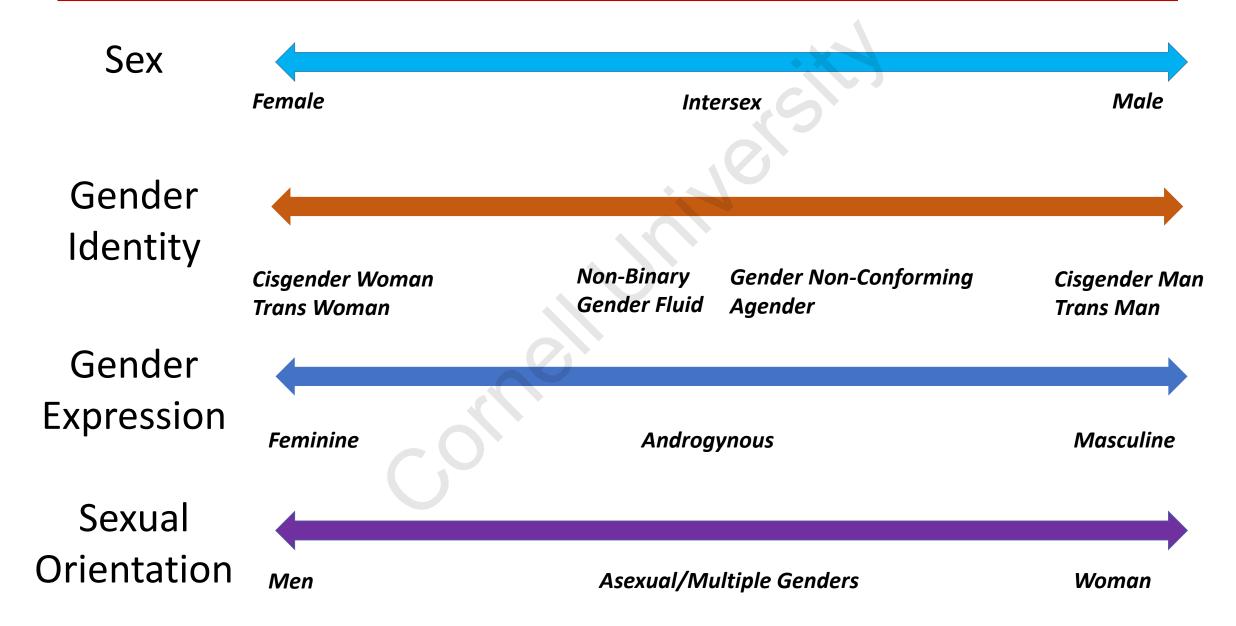
Gender Expression

How a person behaves, appears or presents themselves with regard to societal expectations of gender (feminine/androgynous/masculine)

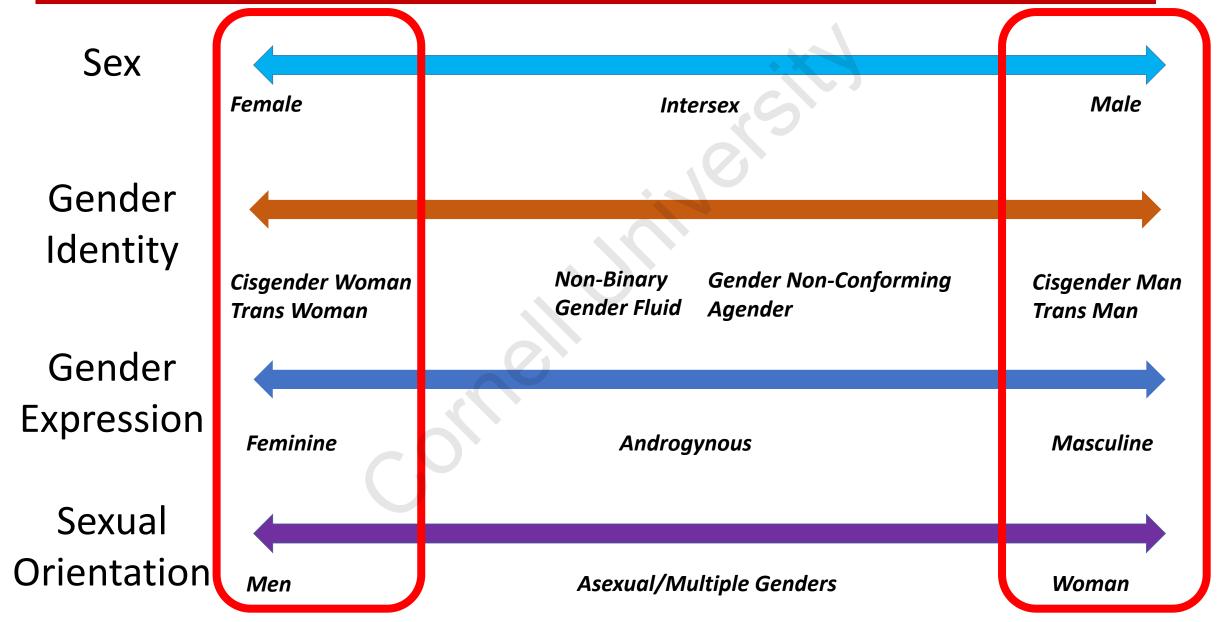
Sexual Orientation

An enduring emotional, romantic, sexual, and relational attraction to another person; may be same-sex orientation, opposite-sex orientation, or bisexual orientation

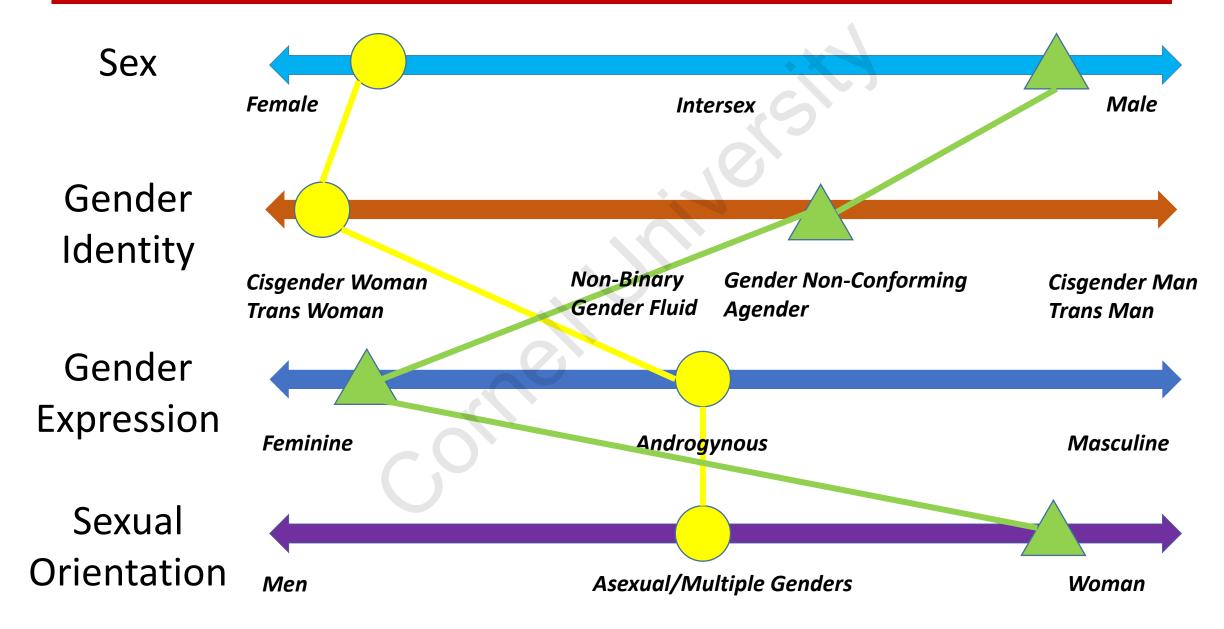
Spectrums of Identity



Spectrums of Identity



Spectrums of Identity



Identity Terminology- Things to Consider

- Terminology isn't meant to be prescriptive
- Not every community member will identify with terminology, or the definition,
 that may fit their perceived gender or sexual identity
- Allow individuals to self-identify and respect their use of identities and pronouns
- Terminology provided is just an overview, individuals may identify outside of this list
- Terminology will be used to help keep all attendees on the same page during today's training

The Gender Unicorn

Graphic by:



Gender Identity

Female/Woman/Girl Male/Man/Boy Other Gender(s)

Gender Expression/Presentation

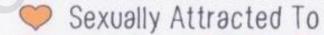
Feminine Masculine Other

Sex Assigned at Birth

Female

Male

Other/Intersex



WomenMenOther Gender(s)

Romantically/Emotionally Attracted To

- Women - Men

Other Gender(s)

To learn more go to: www.transstudent.org/gender

Design by Landyn Pan

Allyship

A person who confronts heterosexism, sexism, homophobia, transphobia, and heterosexual privilege, in themselves and others out of self-interest and a concern for the well-being of LGBTQ people.

Allyship: What can you do?

- Validate people's gender expression/identity in the use of names and gender pronouns
- Incorporate your gender pronouns in your email signature
- Do not assume someone's gender or sexual identity
- Understand that not all LGBTQ identities are the same
- Acknowledge and honor gender presentation and sexual orientation
- Have gender inclusive bathrooms. If not, at least know the nearest location of these bathrooms.
- Instead of "Men and Women Welcome" try "All Genders Welcome"
- Plan or assist LGBTQ events and/or LGBTQ-inclusive policies
 - Forms, applications, etc.
- Understand university policies regarding gender identity and gender expression
- Know your resources

Understand that allyship is a process, not an end goal

Assessing Your Starting Point

Thinking about your particular department or unit, reflect on the following:

- 1. If I witnessed a colleague being inappropriate to an LGBTQ individual, I would ______
- 2. If a colleague made an inappropriate comment or joke about LGBTQ people in my presence, I would ______.
- 3. What would it mean for our department/unit to become more inclusive and open to LGBTQ individuals?

Cornell Resources

- Be familiar with the <u>Trans Inclusion at Cornell</u> webpage
- Review the newly created "<u>Trans Inclusion Recommended Practices</u>" webpage
- Review Cornell's official <u>non-discrimination policy</u>, which includes the protection of "sex, sexual orientation, gender identity and expression."
- Review the map of <u>all gender restrooms</u> on the Ithaca campus

For students...

Visit the <u>LGBT Resource Center</u> and <u>Cornell Health</u> websites for more information

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